

Youth and Family Services of Haddam-Killingworth, Inc.
Annual Report 2007
Year Ending June 30, 2007

Board of Directors: Denise Stevens, Chairperson; Lauren Crowley, Vice-Chairperson; Mindy Otis, Secretary; Mark Torello, Treasurer; Linda Dadario; Mary Drexler; Ray Galloway; Rebecca Loew; Scott Monroe; Christopher Solimene, Stephanie Warren

Staff

Cheryl Chandler, BSW, Executive Director & Prevention Coordinator	40 hours
Ellen Cecchini, LMFT, Clinical Program Coordinator	25 hours
Amy Mueller, MSW, Prevention Coordinator	20 hours
Tracy Thompson, Administrative Assistant, Bookkeeper	25 hours
Ernest Nagler, JD, Mentor Coordinator	23 hours
Emily Dickinson, BA, Youth Activity Coordinator	20 hours
Student Interns: 3 Masters level students from CCSU, SCSU, and UCONN	

Office Locations

91 Little City Road; Higganum, CT
323 Route 81; Killingworth, CT 06419 (Killingworth Town Office Building)

Introduction

Youth and Family Services of Haddam-Killingworth, Inc. (YFS), has completed their 15th year of service to youth and their families residing in Haddam and Killingworth. The agency has expanded its programs and services to meet the needs of our growing communities. Collaboration with Regional School District 17, and other youth serving agencies in both Haddam and Killingworth is necessary to identify the needs of Haddam and Killingworth youth and avoid duplication of service. YFS is located at 91 Little City Road in Higganum on the second floor (formerly Regional School District 17, Central Office). In addition, we have an office at the Killingworth Town Hall. The agency is supported by the towns of Haddam and Killingworth, state and federal grants, the State Department of Education, private and corporate donations; proceeds from fundraising events; and other grants from private foundations.

Our Mission

YFS is committed to enhancing child and youth development, enriching families, and promoting healthy Haddam and Killingworth communities.

Population Served

- Total Population/ 7,732 Haddam*
 - Total Population/ 6,648 Killingworth*
- Youth Under the Age of 18
- 1790 in Haddam*
 - 1680 in Killingworth*

*CERC Town Profile 2007

Scope of Services

Interventions: Family counseling, individual counseling, group counseling, after school groups, groups that promote positive youth development, and a juvenile review board. Information and referral services are also provided.

Positive Youth Development: Community service opportunities for students, job bank for students, after school groups, groups for high school students during their lunch activity period, peer to peer mentoring (matching high school students with elementary school students), Moms and Tots held at the Killingworth Library, parent education, resource library for parents, relationship building activities for youth and their parents/caregivers, Special programs (i.e. internet safety programs) in response to needs of the community.

Annual Programs: HKHS Street Fest, Summer Program for Teens, participation at the Killingworth Town Picnic and Haddam River Days, planning and execution of the United Way Day of Caring which serves residents of both Haddam and Killingworth, and the Holiday Giving Program. The agency also serves as a Salvation Army Service Unit for the Town of Haddam (distributing funds for needy residents).

Fundraising Events: Annual Pumpkin Run, Annual Spring Fundraising Appeal. New events being planned for 07/08.

The Prevention Council of Haddam-Killingworth: This is a community coalition working to promote the health of our community by preventing and reducing substance abuse and related problems. Activities include community wide events twice per year, staff attendance at the Community Anti Drug Coalitions of America Annual Conference in Washington DC, Youth In Action, a group of high school students committed to community service and prevention, stipend for a SADD advisor at Haddam-Killingworth Middle School, support for the Haddam-Killingworth Mentor Program, collaboration with Regional School District 17 to bring prevention related assemblies to students, community presentations/education, and collaboration with other youth serving organizations. The Middlesex United Way has supported the coalition's efforts to implement the Developmental Assets Model in the Haddam-Killingworth community (www.search-institute.org).

Youth and Family Services of Haddam-Killingworth, Inc.
Annual Report 2007
Year Ending June 30, 2007

MILESTONES

- Our office was moved to the second floor of the former Central Office Building for Regional School District 17. The move has enabled the agency to have several phone lines, confidential voice mail for all staff and fax sending and receiving capabilities.
- Hired a new Licensed Marriage and family therapist
- Hired a Youth Activity Coordinator
- Continuation funding from the Office of National Drug Control Policy and the Substance Abuse and Mental Health Services Administration for our Drug Free/Prevention Council Program.
- Continuation funding from the Middlesex United Way for the Community Impact Grant to fund asset building activities.
- Funding from the State Department of Health and Addiction Services (Strategic Prevention Framework/State Incentive Grant) for the prevention of underage drinking. Although YFS is the fiduciary, this grant is shared with Tri-town Youth Service Bureau and East Haddam Youth Services in a ground breaking collaboration

NUMBERS SERVED

- 49 individuals were seen in our counseling program
 - 2 mental health
 - 11 received individual therapy
 - 8 family therapy
 - 3 group therapy
 - 22 crisis intervention services
 - 1 case management
 - 31 other
- 36 youth served for a total of 640 contact hours Haddam-Killingworth Mentor Program
- 53 Moms and Tots Program
- 13 Haddam-Killingworth High School Students in Lunch Group
- 94 educational programs for 4th and 5th grade girls and their parent/guardian
- 40 educational programs for 5th and 6th grade boys and their parent/guardian
- 3 Internet safety program
- 12 Peer to Peer Mentoring Program at Haddam Elementary School (matching high school students with elementary school students)
- 32 Peer to Peer Mentoring Program at Burr Elementary School (matching high school students with elementary school students)
- 31 After School Social skills development Group for Elementary School students
- 10 After School leadership program for Middle School students
- 20 prevention and community service group for high school students
- 75 Community Read Initiative to engage the Haddam Killingworth Community in a reading activity
- 100 alternative activities for 9th and 10th grade high school students
- 40 Holiday Giving Program
- 12 Smoking Cessation Group for High School Students
- 100 prevention presentation to 9th grade parents
- 96 Community Coalition
- 500 Haddam-Killingworth High School student assembly on the issue of voting and civic engagement
- 650 Haddam-Killingworth High School student assembly/Invisible Children/to increase the cultural competency of youth
- 650 Haddam-Killingworth High School student prevention assembly
- 45 staff presentation at the Connecticut Coalition to Stop Underage Drinking Annual law Enforcement conference
- 100 alternative/intergenerational activity for youth (Dodge ball Tournament)
- 35 prevention presentation to the Killingworth Lions Club
- 35 prevention presentation to the Killingworth Women's Organization
- 115 two community information nights/this event was also televised by HKTU

Youth and Family staff also engaged in the following activities:

- Information dissemination/education to parents at open house at every school in Regional School District 17
- Information dissemination/education at Killingworth Town Picnic and Haddam River days
- Presentation of Search Institute Survey results to regional School District 17 Board of Education/Televised by HK TV
- Asset presentation and survey results to HKHS Faculty, Haddam Killingworth Middle School faculty, Regional School District 17 administrators, Burr Elementary School Leadership Team, Haddam Killingworth high School PTO, 8 members of the faith community
- Asset presentation 40 bus drivers who serve Regional School District 17
- Collaboration with Haddam-Killingworth High School staff to implement Advisory Groups with high school students
- Facilitated the Middlesex United Way Day of Caring serving residents of Haddam and Killingworth