

Healthy Communities-Healthy Kids Coalition
Meeting Minutes
November 18, 2009

Attendance

1. Tanja Moriarty, Chair HC-HK Coalition
2. Cheryl Chandler, HKYFS Executive Director
3. Divinna Schmitt, Parent, Killingworth resident
4. Trooper Jim Connelly, CT State Police, Resident Trooper, Town of Haddam
5. John Westerholm, Minister, Valley Bible Evangelical Free Church
6. Seth P. Nuzum, Youth Minister, Valley Bible Evangelical Free Church
7. Carol Dupuis, Community Member
8. Anthony B. Rock, Living Rock Church
9. Ann O'Mara, HKYFS/Admin. Assistant
10. Linda Kaufmann, RSD 17 School Nurse Supervisor
11. Doug Sumner, Parent/Resident

1. Welcome/Introductions: All members present introduced themselves and stated the community sector they represent.

2. Discussion

Prescription Drug Take Back Program:

Carol Dupuis said that Matt McEwen asked at a previous meeting if Youth in Action could take part in the Prescription Drug Take Back Program. Carol Dupuis said yes and also if the environmental group at the high school would like to be involved, it would be appropriate. Carol spoke with Citizens Bank regarding doing a shredding operation along with the Take Back Prescription project and Citizens Bank cannot do it. Carol will be speaking with Liberty Bank regarding the shredding operation. Carol stated that she has not yet checked with the Haddam Fire Department about the possibility of holding this event at the Fire House and was more inclined to have the event at Haddam-Killingworth High School near the pool area where traffic will flow more freely. Carol is also considering the bus garage parking lot as a location and will be contacting Mike Distefano, Director of Facilities and Maintenance for Regional School District 17. Divinna Schmitt asked Carol what hours she had in mind for this event. Carol informed the coalition that a Saturday from 10-2 pm would work. Carol spoke with the Clean Harbor Environmental Services who did the waste management for Southington. The person that Carol spoke with informed her that the incineration fee is \$445.00 for a 55 gallon drum. Reconditioned drums are \$46.00 each and transportation is \$21.00 per drum. Carol will be contacting the organization who organized the event in Southington to see how many drums they ended up with to get an idea of what our cost might be. Carol said that Cheryl Chandler of YFS confirmed that some of the expense would be covered by the Local Prevention Grant awarded by the Middlesex County Substance Abuse Action Council (MCSAAC). Carol will be contacting Clean Harbor Environmental Services in March to set up a date. Equipment would be delivered on a Friday and pick up would be on Saturday. Carol reported that UCONN School of Pharmacy has not returned her call as of yet. Cheryl said that MCSAAC may be able to help with contacting the UCONN School of Pharmacy. Carol said if she doesn't hear back from them by the day after Thanksgiving she will let Cheryl know. The date of the event is tentatively scheduled for April 24, 2010 with an alternate date of May 1, 2010. Carol would like this posted in the Haddam Bulletin and the Killingworth Krier. Trooper Jim Connelly asked Carol who the kids are that would be helping out. Carol explained that the pharmacy students would help with the actual medication disposal and the kids from the high school (YIA) would help with traffic control. Divinna suggested that a student film the take back and also write a story on it. Cheryl Chandler said the subcommittee now consists of herself, Carol Dupuis, Erin Knoll of MCSAAC and Catherine McGuire, and asked if there are any new members that would like to join. Carol said the crunch time for this operation will be in February and March.

3. Prevention Coordinator update

Cheryl Chandler reported that the position has been offered to the top candidate and an announcement should be made in approximately two weeks. The prospective employee will be subject to a background check, drug test, and their resume' must receive approval from the Government Project Officer at the Substance Abuse and Mental Health Services

Administration in Washington, D.C. This is a requirement of the Drug Free Communities Support Program. On December 3, 2009 the prospective employee will have to attend a workshop for Connecticut Grantees for the Drug Free Communities Support Program. The Government Project Officer from the Substance Abuse and Mental Health Services Administration from Washington, D.C. is coming to Connecticut to conduct that workshop. Also, on December 6th through December 9, 2009, Cheryl, Mark Torello, Chair, Board of Directors for YFS, Scott Monroe, Treasurer, Board of Directors for YFS and the new Prevention Coordinator will attend training in Washington, D.C. for the Drug Free Communities Support Program. This training will focus on the programmatic and fiscal requirements of the grant.

4. Tree Lighting Ceremony

Cheryl Chandler reported the tree lighting will be in the Tylerville section of Haddam this year on December 5, 2009 from 4-8pm. Area merchants will be hosting this event. The proceeds will be donated to YFS and Citizens for Clean Ground Water. Cheryl contacted the East Haddam Troopers to see if the Police Explorers would like to volunteer to help with traffic control. Also, Cheryl is trying to get students to volunteer their time to help with this event. Lisa Wadge's business has purchased the Tylerville Complex and has formed a merchants association. This will be the second annual Tree Lighting.

5. Reports

Neil English, Principal of Haddam-Killingworth Middle School thanked Trooper Connelly and the Healthy Communities-Healthy Kids Coalition for such a successful Safety Day at HKMS. HKMS received great press and the students really enjoyed it.

Cheryl Chandler informed the coalition that YFS has a Holiday party fundraiser on December 5th. Cheryl, board members and staff will be attending some of the parties as well as the tree lighting. She asked for volunteers from the coalition to be present at an informational table at the tree lighting event.

- **Strategic Prevention Framework/State Incentive Grant (SPF/SIG)**

Cheryl Chandler reported that she and two other youth service bureau directors along with a police officer from East Haddam are trained to do T.I.P.S. training which responsible server is training for package stores and restaurants. The trainings were first offered to package stores in preparation for compliance checks in the spring. These compliance checks will be conducted by the State Liquor Commission. Six package stores participated (a total of 14 people). The training was offered in the morning and also in the evening. There was a lot of positive feedback from the participants and package store owners asked if the training would be offered again so they can send additional employees for this training. A spring training session will be scheduled. Cheryl reported that a proposal was written to do a workshop for the Community Anti Drug Coalitions of America (CADCA), a national conference in February of 2010. The workshop proposed will present an overview of the interventions implemented as a result of the Strategic Prevention Framework-State Incentive Grant. Another proposal has been made to write a guide for controlled party dispersal. This would be

collaboration between the SPF Coalition and the Connecticut State Police. Cheryl has also been in touch with an evaluator in North Carolina who has written publications of this type before and may be able to help with this. The billboards from our media campaign will be followed up in mid January with postcards that will be used for a postal patron mailing in all towns served by *Together We Can*. They will feature the billboard on the front and facts about underage drinking as well as the numbers for tip lines in all of the communities on the reverse.

- **Students against Destructive Decisions (SADD HKHS)**
No report
- **Gay, Lesbian, and Straight Students (GLASS)**
Youth & Family Services of Haddam-Killingworth, Inc. is collaborating with the GLASS group to bring in the Names Can Really Hurt program to the Haddam-Killingworth High School. Dave Matthews and Cheryl Chandler are spear heading this program. The Anti Defamation League will be coming to the high school for a full day assembly on April 9, 2010. The league will need a panel of students along with moderators from the school staff to participate. Carol Dupuis said the panel of student's talks about their own experiences. Doug Sumner said that it really changes the way that kids react and also changes the way they speak to one another. Dave Matthews and Cheryl Chandler will be attending this program.
- **Youth in Action (YIA)**
No report
- **Great Initiatives Volunteering Everywhere (G.I.V.E.)**
No report
- **Middlesex County Substance Abuse Action Council (MCSAAC)**
MCSAAC is down to 2 staff members due to lack of funding.
- **Killingworth Women's Organization (KWO)**
No report
- **Haddam-Killingworth Lions Club**
No report
- **School Resource Officer (SRO)**
Trooper Connelly reported that the latest burglary suspects have been apprehended. He stated that people would never suspect that a house was being burglarized due to the kind of car that was being used. The Trooper referred to the car as a soccer mom vehicle. Heroin was allegedly the reason the suspects were robbing houses in the community. Suspects were in their early twenties.

- **Habitat for Humanity**

No report

- **Haddam–Killingworth Recreation Department**

No report

- **Youth & Family Services of Haddam-Killingworth, Inc.**

The Holiday Giving Program is now in progress and new toys are being accepted as donations. Cheryl asked the coalition to refer anyone that is in need to Youth & Family Service of Haddam-Killingworth, Inc. Two area churches are also doing collections for YFS. Carol Dupuis reported that the Holiday Coat Collection has had a huge amount of coats. Doug Sumner said that over 400 coats have been collected to date and the program needs money for dry cleaning. Tanja Moriarty said that coats will be donated to St. Vincent De Paul, The Eddie Shelter and the Shepherd Home. Seth Nuzum suggested the fire department be contacted because they usually have heavy duty large capacity washers and dryers and maybe some of the coats could be cleaned there. Doug Sumner said that more coats were expected to be collected on Thanksgiving Eve at the H-K Football Game. Doug Sumner said that maybe next year the collection would be a food drive. Cheryl Chandler complimented Diane Flynn for her great service to make the coat drive a success.

- **School (s) Update**

School nurse Linda Kaufmann reported that attendance has returned to normal after the outbreak of the H1N1 flu. RSD 17 was informed by the Department of Health that closing schools wouldn't break the cycle.

Carol Dupuis said that Haddam-Killingworth High School was picked by WFSB Channel 3 as Cool School of the Week. The filming takes place on November 20, 2009 at 4:45am. All students will be wearing Cougar shirts for the taping.

- **Community Updates**

John Westerholm, of Valley Bible Evangelical Free Church reported that the annual Thanksgiving service will be Tuesday, November 24, 2009 at 7:30pm.

A reverse offering was done at a recent service. The church gave money out to members rather than collecting it. Members in turn have to multiply it in nine weeks and then give it to an organization of their choice. John Westerholm is giving his money to Youth & Family Services of Haddam-Killingworth, Inc. John Westerholm said the response to this program was phenomenal by the church and it is amazing to see what people have done with their money.

- **Other**

Cheryl Chandler reported that all students of Haddam-Killingworth Middle School students received notices for their parents for an Underage Drinking

Survey that can be done on line. Cheryl also said that paper copies are also available if a computer is not accessible.

Anthony Rock of Living Rock Church said there will be a Clean & Sober Coffee House with buffet on December 31, 2009. The cost is \$3.00 or free if in need. All are welcome to this gathering. Meeting groups for recovery at Living Rock Church are for people 18 years and older. This is a 12 step program rotating weeks for testimony and teaching individual groups for each substance abuse, anger etc. Living Rock Church is located at 138 Route 81, Killingworth, CT

Tanja Moriarty reported that a co-chair search for the Healthy Communities-Healthy Kids coalition was still in progress. Tanja Moriarty will be calling Kathy Iino, First Selectwoman of Killingworth to see if a resident of Killingworth would like to serve. Divinna Schmidt would be calling a resident of Killingworth whom she is acquainted with to ask out possible interest in the coalition.

Cheryl Chandler informed the coalition that Ernest Nagler of RSD 17 Mentor Program has told her there will be two educators from China in January and would the coalition like to do anything to welcome them. Cheryl Chandler said she would be meeting with Ernest Nagler in the near future to discuss.

Next Meeting and adjournment

Adjourned, Tanja Moriarty – Second, Carol Dupuis

Next meeting – Wednesday, December 16, 2009

HKHS lower Media Center at 8:00 a.m.

Meeting officially adjourned - 8:55 am

Respectfully Submitted,

Ann O'Mara